



ICS

Annual Magazine 2019



Report: 7th Surgical Repair of Vaginal Fistula & Urinary Incontinence Workshop

The official magazine of the International Continence Society

Plus

- ▶ A year of ICS in review
- ▶ Meet your new ICS General Secretary
- ▶ Read updates from the ICS committees
- ▶ Find out about forthcoming ICS events

www.ics.org



Welcome from the ICS General Secretary



Dear Friends,

Thank you for taking the time to read this new ICS Annual Magazine. The intention of the Board in producing this magazine is to provide you with a physical summary of ICS activities and achievements over the past year. If you would like to learn more about any item then please visit our website www.ics.org or contact one of our dedicated staff members.

During my first year in office the Board of Trustees agreed that the main strategic aim was for the society to be “the global home of science and clinical education for LUTS, Incontinence and Pelvic Floor Disorders.” All within the ICS community have taken great strides to achieving this goal, and have current and future plans to continue to meet our objective.

- ▶ The ICS Institute is now live, with 12 thriving Schools and a growing portfolio of content. The educational offering on ICS TV grows in range, style and quality by the month.
- ▶ ICS has again secured the hosting and publication of the 7th ICI event, which will take place during ICS 2020 in Las Vegas.
- ▶ Our publication of world class terminology reports have grown year on year, truly re-establishing ICS as the unassailable leader in the field. The Board is actively working on partnerships in terminology with IUGA, AUGS and SUFU.

- ▶ ICS has strengthened its ties with like-minded societies and continues to work on closer partnerships worldwide. Formal memorandum of understanding (MOU) agreements are in place with SUFU and INUS, while a reciprocal partnership agreement is active with IUGA.
- ▶ ICS continues its charitable collaboration with EAU, SIU and AUA in contributing to and managing the Global Philanthropic Committee funding projects.
- ▶ All ICS terminology reports and scientific publications can now be easily accessed within the new ‘ICS Standards’ e-book (free to all ICS members).
- ▶ The ICS membership is growing strongly in all areas. We have worked hard to keep the membership fee stable whilst including many more exclusive membership benefits
- ▶ A great deal of ICS work is produced through our 11 committees and many working groups. Their generous time and dedication to our society is directly responsible for our enduring success. Please do consider contributing to the ICS in a committee or working group position.
- ▶ In order to support all of this activity we have ensured that ICS finances remain in a healthy position through astute management practices and agile business decisions which reduce costs and maximise income.





The highest quality of education and scientific debate is the trademark of ICS. Supplementary to our annual meeting, we offer over 20 add-on courses and ICS guest lectures per year. The ICS has also entered in its first major collaboration with EAU in order to jointly deliver ELUTS 2019 (31 Oct – 2 Nov, Prague). Other ICS courses for 2019 include the 3rd Advanced Cadaver Training Course (5-6 October, Bristol) and the 8th Fistula Surgical Training Course (details TBC).

I have enjoyed a very enriching and productive three years as General Secretary, which follows terms as Trustee and Treasurer. The stage is now well set

for David Castro Diaz to take the reins and lead our great society onwards and upwards. I hope you will offer David the same support and dedication that I have received.

With very best wishes,

Sherif Mourad
ICS General Secretary 2016-2019



7th Workshop for Surgical Repair of Vaginal Fistula and Urinary Incontinence 2018



Dear friends and ICS members,

The ICS is a highly regarded and unique multidisciplinary organisation with milestones regarding terminology, procedures, and accomplishments, which have obtained worldwide acceptance and consensus.

Our Society develops a number of activities including training courses, workshops, fellowships and grants that have assisted many members in their development and training, providing better care to incontinent patients. The implementation of the ICS Institute is a very important added value that with no doubt will contribute to enhance and reinforce our mission statement of improving quality of life for people affected by urinary, bowel and pelvic floor disorders. We will continue building on the further development of the ICS Institute with the help and support of all the membership and the dedicated staff and infrastructure that we have.

Online educational activities will be a major issue in the near future, and we are currently in a very good position to achieve our mission. Prof Sherif Mourad has carried out an excellent work, fulfilling the main strategic aim for the ICS to become the home of science and clinical education for LUTS, Incontinence and Pelvic Floor Disorders. My objective as General Secretary will be to continue his task with the same enthusiasm and dedication cooperating with the Board of Trustees and the different ICS's bodies to contribute to maintain and enhance the high standards of our scientific society.

I am looking forward to seeing you in Gothenburg.

David Castro-Diaz
ICS General Secretary Elect

David Castro-Diaz will become ICS General Secretary from the Annual General Meeting on 5 September with a term of 3 years.



The 48th ICS annual meeting took place in Philadelphia, USA in August with in excess of 1,500 delegates in attendance. The Scientific Committee received over 800 abstract submissions of which 770 were accepted, creating a diverse and inspirational programme for the typically multidisciplinary audience.

The feedback received from delegates was outstanding. Veronica Haggart, a UK nurse, attended the first state of the art lecture, presented by Ben Rubinowitz, New York Attorney, covering the current hot topic of vaginal mesh and litigation surrounding mesh inserts. Veronica found it to be “a thought-provoking presentation with food for thought for all disciplines”.

As usual we held a range of podium presentations ranging from the basic science of pharmacology and physiology, through to specific symptomology such as nocturia and pelvic organ prolapse to products and best conservative management. Nikolaus Veit-Rubin, Gynaecologist from Vienna, chaired one of the first podium video sessions and found that there was “a series of high-quality surgical videos which generated controversial debates at a high scientific level”.

Following the success of previous meetings, two hands-on cadaveric workshops were available this year. Both offered delegates theoretical and practical skills, covering anatomy, surgical techniques and technical tricks which included tips on how to avoid/manage complications related to surgery.

There were two dedicated early career sessions on offer, the annual early career session with lectures from Elise De and Margot Damaser on how to choose and be an excellent mentor, as well as an afternoon with the experts. This included presentations from Roger Dmochowski, Lori Birder, Hann Chorng-Kuo and Karl-Erik Andersson. Following both sessions early career attendees were invited to a special networking social event at a lively local venue.

We also enjoyed an especially lively and vibrant annual dinner, held at the Crystal Tea Rooms. Delegates enjoyed an evening of good food and company, with possibly the best live band yet at an ICS annual meeting. The dance floor was full of joy and energy until closing time. We hope to see a repeat at the annual dinner in Gothenburg.



ICS 2018 Philadelphia abstract awards

ICS Best Clinical Abstract

Veit-Rubin N, Mahboobani K S, Cartwright R, Ford A, Asfour V, Digesu G A, Fernando R, Khullar V

1. Relationship between the urinary, urothelial and vaginal microbiome in overactive bladder

ICS Best Non-Clinical Abstract

Ni J, Gu B

259. Therapeutic potential of human adipose-derived stem cell exosomes in stress urinary incontinence – an in vitro and in vivo study

ICS Best Video Abstract

Li A L K, Polesello G, Tokechi D, Cancelliere L, Sermer C, Lemos N

288. Laparoscopic treatment of intrapelvic entrapment of sacral nerve roots by abnormal piriformis bundles causing sciatica, pudendal neuralgia, pelvic floor dysfunction, and lower urinary tract symptoms

Conservative Management Award Nursing and Physiotherapy (Joint winners)*

Sung V W, Newman D K, Borello-France D, Richter H, Lukacz E, Moalli P, Weidner A, Smith A, Dunivan G, Ridgeway B, Mazloomdoost D, Carper B, Gantz M

3. A randomized trial comparing combined midurethral sling and behavioral/pelvic floor therapy to midurethral sling alone for mixed urinary incontinence – The ESTEEM Trial

Conservative Management Award Nursing and Physiotherapy (Joint winners)*

Burgio K, Kraus S, Johnson II T, Markland A, Vaughan C, Li P, Redden D, Goode P

468. Combined behavioral and drug treatment of lower urinary tract symptoms in men: The COBALT Randomized Controlled Trial

Anatomy /Biomechanics

Tam J, Wengler K, Kim J, Waltzer W, He X, Weissbart S

310. Quantification of cerebral blood flow during bladder filling in healthy subjects

Anorectal / Bowel Dysfunction

Gachon B, Fradet C, Pierre F, Fritel X

655. Is a restrictive use of episiotomy for instrumental delivery associated with an increase of obstetric anal sphincter injuries?

Continence Care Products / Devices / Technologies

Murphy C, de Laine C, Collings-Wells E, Macaulay M, Fader M

198. Development and evaluation of a continence product decision aid for product users and clinicians

Geriatrics / Gerontology

Paquin M, Duclos C, Dubreucq L, Lapierre N, Rousseau J, Meunier J, Filiatrault J, Milot M, Morin M, Moffet H, Nadeau S, Dumoulin C

471. Impact of a strong desire to void on gait in continent and incontinent community-dwelling older women who have experienced fall in the last year

Imaging

Roy H, Roy C, Griffiths D, Green A, Menke R

36. Resting state analysis of subthalamic nucleus functional connectivity across bladder states in Parkinson's disease

Male Lower Urinary Tract Symptoms (LUTS) / Incontinence

Son H S, Kim M J, Kim J H

251. Lower urinary tract symptoms after artificial urinary sphincter implantation for post-radical prostatectomy urinary incontinence and its relation to preoperative urodynamic parameters

Neurourology

Hirshman N, Hughes F, Jin H, Purves T

223. Symptoms of diabetic bladder dysfunction may be explained by specific NLRP3-induced changes in bladder afferent nerves.

Nocturia

Drangsholt S, Arcila Ruiz M, Brucker B

312. Gaps in current treatment of nocturia

Paediatrics

Noordhoff T C, van den Hoek J, Yska M J, Blok B F M, Scheepe J R

482. Twenty-five years' experience in bladder outlet procedures in children with neurogenic urinary incontinence

Pelvic Organ Prolapse

Dobberfuhr A D, Shaffer R K, Goodman S N, Chen B

443. The large capacity bladder over 600 ml is associated with ongoing incomplete bladder emptying following anterior and/or apical prolapse repair (2009-2015)

Pelvic Pain Syndromes / Sexual Dysfunction

Chermansky C, Janicki J, Moon C, Kaufman J, Tyagi P

56. MRI imaging of human bladder wall using intravesical novel contrast mixture: applications in painful bladder syndrome/interstitial cystitis (PBS/IC)

Pharmacology

Wu C, Roberts M, Amosah J, Adjei L, Sui G, Wu R, Archer S, Montgomery B, Ruggieri M

262. Molecular and functional identification of NADPH oxidase (Nox) in the urothelium: implications for bladder dysfunction and specific ROS controlling targets

Prevention and Public Health

Braun E J, Wise M E, Jansen S, Myers S, Sampene E, Li Z, Moberg D P, Rogers R, Mahoney J E, Brown H W
469. Mind Over Matter; Healthy Bowels, Healthy Bladder: An Individually Randomized Group Treatment Trial

Prostate Clinical / Surgical

Matta R, LaBossiere J R, Garbens A, Kodama R T, Nam R K, Naimark D, Herschorn S

248. Multi-channel urodynamic assessment in men with postprostatectomy urinary incontinence: a cost utility analysis

Quality of Life / Patient and Caregiver Experiences

Yang E, Lisha N, Walter L, Huang A

470. How Does Urinary Incontinence Influence Care Dependence and Caregiving Among Older Women in the Community? Results from a National Sample



Research Methods / Techniques

King Q, Hulls C, Lentle R, Chambers P, Reynolds G

625. Novel spatiotemporal mapping allows new insight into the modality of myogenic micromotions in the exvivo tetrodotoxinised rabbit and pig bladder and their modulation with pharmacological agents.

Urethra Male / Female

Coelho A, Morgado A, Oliveira R, Cruz C D, Charrua A, Cruz F

258. Aging associated underactive bladder involves a decrease in urethral serotonin released by 5HT-expressing cells. An experimental study in rat.

Urodynamics

Chen S, Ong H, Lee Y, Kuo H

298. Change of Detrusor Contractility in Patients with and without Bladder Outlet Obstruction after over Ten-Year follow-up

Rehabilitation

Kruger J, Jonathan G, David B, Bo K

314. Can you train the pelvic floor muscles by contracting other related muscles?

2018 Lifetime achievement award



The ICS Board of Trustees was delighted to announce that Sender Herschorn was the 2018 winner of the ICS Lifetime Achievement Award. This award

was created to honour an individual who has made a lifetime commitment and a lasting contribution to the advancement of science, education, clinical practice or public awareness in the field of continence.

Sender was presented with his award at the ICS Annual Dinner, during the ICS Annual Scientific Meeting in Philadelphia. Sender completed his urology training at the University of Toronto in 1978 and is currently Professor of Surgery/Urology at the University of Toronto. He has worked for the Sunnybrook Health Sciences Centre at the University since 1979. His career has been focused on functional urology, urinary incontinence, reconstruction, neurogenic and non-neurogenic lower urinary tract disorders. Sender set up the infrastructure at Sunnybrook with a video-urodynamic facility, surgical techniques and technologies, and a fellowship programme to facilitate management of these conditions. He has spent

countless hours in educating students, residents, fellows, urologists, other specialists, family doctors and patients in incontinence and LUT disorders.

Sender Herschorn is an honorary member of the ICS having completed his three year term of office as General Secretary in 2014. A key achievement of Sender's term was initiating and delivering the new ICS Strategic Plan.

During Sender's acceptance speech he stated that he very much valued receiving his award and was greatly touched when all the ICS staff came up on stage with him for the presentation.



2018 Honorary Award



The Board of Trustees gave Ted Arnold the ICS Honorary Award for his outstanding and continued contribution to the ICS.

Ted is now retired but was the former Associate Professor of Urology at University of Otago, Christchurch. He continues to be involved in some continuing research projects. Ted has been an ICS member since 1972, attended most annual meetings since. He was a member of ICS Board from 2003, and a Trustee until 2009. Ted was Sci-

entific Chair for ICS 1995 in Sydney and of course Chair of memorable annual meeting of ICS 2006 in Christchurch. Ted also sat on the ICS Ethics Committee, he was Co-chair of the Constitutional Review Committee and Co-editor with Norman Zinner and Eric Glen of "History of the ICS - the first 40 years".

Welcome to Gothenburg and the 49th ICS annual meeting! The 11th ICS Annual Meeting was held in Lund in 1981 and it is our pleasure, after so many years, to welcome you back to Sweden. Sweden has a long scientific tradition in incontinence research and many prominent scientists have been engaged in the ICS and its important work.

ICS 2019 State of the art lectures



J Eric Jelovsek

Urogynaecologist, Wed 4 September

Risk prognostication in prolapse and incontinence following childbirth

Statistical modelling and machine learning have already transformed online retail, web searching, advertising, finance, politics and more. The prediction modelling vortex continues to attract healthcare into the mix and will likely impact many aspects of day to day patient care. This talk is for those interested in gaining a broader understanding of how modern statistical and machine learning methods are used for understanding patterns in data and in making clinical predictions.



Linda Brubaker

Urogynaecologist, Thurs 5 September

The Urinary Microbiome

The recent discovery of the urobiome has stimulated research into a wide variety of urinary tract conditions, including urinary incontinence, overactive bladder and urinary tract infections. Although characteristics of this microbial niche are not yet fully understood, it is clear that the urobiome has bioregulatory functions. This presentation will review our current understanding of the urobiome and highlight key research initiatives.



Kari Bø

Physiotherapist, Thurs 5 September

Is physical activity good or bad for the pelvic floor?

Discussing the evidence for the two opposing hypotheses on the effect of physical activity and strenuous exercise on the pelvic floor. The first is that general exercise training strengthens the pelvic floor muscles (PFM) and decreases the levator hiatus. The other hypothesis is that general exercise training overloads, stretches and weakens the pelvic floor.



Andrea Tubaro

Urologist, Fri 6 September

Prostatic controversies

The lecture will address when how and how prostate surgery is needed in patients with lower urinary tract symptoms due to benign prostatic enlargement and obstruction. Evidence and recommendations of national and international guidelines will be presented filtered through 30 years of experience in the field of functional urology. Not just a lecture but food for thoughts for those involved in the management of benign prostatic enlargement.

ICS 2019 Round table discussions

- ▶ **Tales of Ideas Gone Big: Translational Science in Continence**

Karl-Erik Andersson (Chair), Lori Birder, Thomas Hedner, Eboo Versi



- ▶ **Surgical management of SUI; Should we use Mesh or Autologous Material?**

Linda Cardozo (Chair), Dudley Timothy Robinson, Richard Dominic Inman, Roger Dmochowski, Renaud de Tayrac



- ▶ **Practical Daily Management of Incontinence**

Mandy Fader (Chair), Eva B Westling, Joan Ostaszkiwicz, Doreen McClurg



- ▶ **Voiding Dysfunction in Children and Young Adults**

Giovanni Mosiello (Chair), Mario Patricolo, Kate Abrahamsson



- ▶ **Why you Need to be an Expert in Hunner Disease**

Ralph Peeker (Chair), Magnus Fall, Christopher Payne, Yr Logadottir



- ▶ **Continence Care for the Aged - Tools to Remember!**

Adrian Stuart Wagg (Chair), Margaret Joy Sherburn, Mary Happel Palmer, Anne M Suskind



- ▶ **How do Incontinence Drugs Really Work?**

Linda Cardozo (Chair), Christopher R Chapple, Karl-Erik Andersson, Lori A Birder



- ▶ **Crash Course in Practical Management of Faecal Incontinence**

Maria Gyhagen (Chair), Alison Hainsworth, Paula Iguarada-Martinez, Linda Ferrari



2019 Lifetime achievement award

The ICS lifetime achievement award is made to honour an individual who has made a lifetime commitment and lasting contribution to the advancement of science, education, clinical practice or public awareness in the field of continence (including function and dysfunction of the urinary tract, bowel and pelvic floor).

For 2019, this award will be presented to Helmut Madersbacher, Department of Neurology, University Hospital Innsbruck for his contribution to the ICS and to outstanding research in the field of incontinence and functional disorders



ICS Board of Trustees



The Board of Trustees is the elected controlling body of the ICS and reports to members once a year at the AGM held during the Annual Meeting of the ICS.

Committee Members



Sherif Mourad
General Secretary



David Castro-Diaz
General Secretary-Elect



Carlos Levi D'Ancona
Trustee



Mauro Cervigni
Trustee



Cristina Naranjo Ortiz
Trustee



Jerzy B Gajewski
Treasurer



Alex Digesu
Trustee



Marcus John Drake
Trustee



Alex Tong-Long Lin
Trustee

ICS Staff



Your dedicated ICS office team. Come and meet us at the ICS booth in the exhibition hall.

Staff Members



Daniel Snowdon
Executive Director



Dominic Turner
Information Technology Director



Avicia Burchill
Project and Events Manager



Roger Blackmore
User Experience / Graphic Designer



Beth Clement
Administrative Assistant



Ashley Brookes
Senior Analyst Programmer



Jenny Ellis
Project and Events Coordinator



Robert Lewis
Video Editor / Post-production Assistant



Tracy Griffin
Administrator / Membership Secretary

ICS Events

7th Workshop for Surgical Repair of Vaginal Fistula and Urinary Incontinence 2018

Over 12-14th December 2018 ICS hosted the 7th Workshop for Surgical Repair of Vaginal Fistula and Urinary Incontinence. This was held at the Ministry of Health, Khartoum State in Sudan.



The course received generous support from the Global Philanthropic Fund.

The Masterclass allowed over 20 delegates to receive theoretical and practical hands-on surgical training on repairs to vaginal fistulas. The course was held over 3 days: one full day of education and 2 live surgery days.

The workshop was open to all international delegates with a focus on including trainees and residents and those working in developing and resource-constrained countries. A full multi-disciplinary team taught various surgical techniques on local patients. ICS speakers covered the following topics:

- ▶ Aspects of the Problem
- ▶ Anatomical Consideration and Surgical Principles
- ▶ Classification of VVF
- ▶ Surgical Repair of VVF
- ▶ Complications of Surgery and Surgical Tips
- ▶ Fibrin Glue

You can watch the ICS video which was filmed at the ICS Masterclass on the ICS website: www.ics.org/news/954

You can download, share or order prints of your favourite photos directly from the album: www.photos.ics.org/icsmasterclass2019sudan

Read ICS News www.ics.org/news for announcements for future ICS fistula courses.



ICS Regional Meeting 2018

The Brussels Meeting was the second ICS Regional Meeting to take place in Europe on 30th November-1st December 2018. The focus of this years meeting was 'A Pragmatic Approach in Refractory and Complex Neurogenic Bladder Problems.' A simultaneous programme was available for all doctors, nurses and physiotherapists all with an interest in neurourology. The meeting was well attended by around 100 European delegates.



The sessions were filmed during the meeting and over 31 lectures are now available to view by ICS members on ICS TV.

The videos include presentations from:



Karel Decaestecker

Cystectomy for non-oncological reasons



Sherif Mourad

Bladder augmentation: when and how



Emmanuel Chartier-Kastler

Surgery in neurological patients tips & tricks



Desiree Vrijens

Psychological aspects in treatment of complex neurourological cases



Stefan De Wachter

Neuro-urology for nurses and physiotherapists



Doreen McClurg

Neurological conditions and the pelvic floor



Salvador Arlandis

Infection management: what can nurses do



Ronny Pieters & Veerle Decalf

Continence course educational cases



Mandy Fader

Conservative management with products



Rachel Skews

What can nurses and physiotherapists do for sexual dysfunction

...plus so much more!

You can watch the highlights video from the course on the ICS website: www.ics.org/news/925

ICS Advanced Training Weekend 2018

The ICS 2018 Advanced Training weekend took place in Bristol on Saturday 29 & Sunday 30th September 2018.



We had world-renowned ICS speakers at this event:



Hashim Hashim

Urologist, Bristol, Course Director



Mohammed Belal

Birmingham, Urologist



Marcus Drake

Urologist, Bristol



Talal Jabbar

Urologist, Newport



Jennifer Pinkstone

Physiotherapist, Bristol



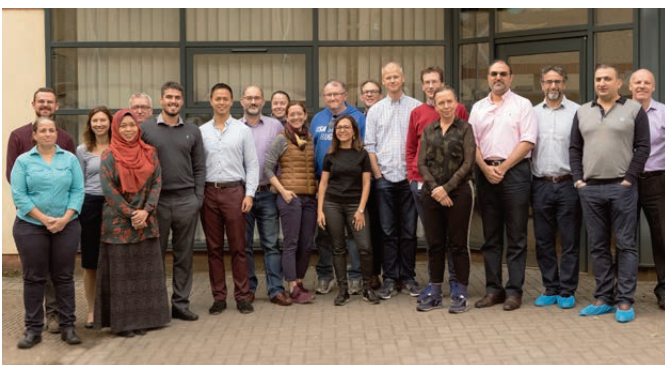
Chendrimada Madhu

Urogynaecologist, Bristol

The following topics were covered:

- ▶ Anatomy of the pelvis and pelvic floor
- ▶ Terminology, Diagnosis & Treatment including pelvic floor physiotherapy
- ▶ Hands on: Stress Urinary Incontinence – Synthetic slings TVT/TOT Removal of incontinence mesh
- ▶ Hands on: Colposuspension/Autologous Sling/Bulking Agent
- ▶ Hands on: Overactive Bladder Diagnosis & Treatment
- ▶ Hands on: Overactive Bladder Diagnosis & Treatment
- ▶ Hands on: SNM (theory and practical)

Twenty-one international delegates attended the course, travelling from the Netherlands, Australia, Greece, Brazil, Canada, Slovakia, Spain, Israel, Ireland and UK. For the second year running this training course received 100% positive feedback from delegates. You can watch the highlights video from the course on the ICS website: www.ics.org/news/921





ICS MASTERCLASS

ICS Advanced Training Weekend 2019

5 - 6 October. Bristol, UK

www.ics.org/bristol



Hashim Hashim
Course Chair Urologist



Marcus Drake
Urologist



Chendrimada Madhu
Urogynaecologist



Mohammed Belal
Urologist



Talal Jabbar
Urologist



Jennifer Pinkstone
Physiotherapist



Tamsin Greenwell
Female Urologist



Chris Harding
Urologist

This Urinary Incontinence surgical training weekend in the centre of Bristol, England, is a unique opportunity to get exposure to a range of training and surgical techniques surrounding stress and urgency urinary incontinence. You will have several hours of practice on the fresh frozen cadavers covering such topics as synthetic and non-synthetic treatment of stress urinary incontinence, BOTOX into the bladder and sacral neuromodulation placement for urgency urinary incontinence. This course is aimed at senior trainees about to start their consultancy position or early career consultants.

Register now, limited spaces remaining



ICS and EAU join forces to host ELUTS 2019, 31 October - 2 November

ICS and EAU are proud to announce an agreement to jointly host the 3rd edition of the European Lower Urinary Tract Symptoms (ELUTS19). The meeting promises to deliver essentials in LUTS management and also aims to offer well-rounded treatment approaches collated from urological subspecialties.

The meeting dates are confirmed for 31 October – 2 November in Prague, Czech Republic. Please visit the official meeting website: eluts.uroweb.org

EAU Secretary General Chris Chapple and ICS General Secretary Sherif Mourad share their valuable insights on current updates and challenges in LUTS management, potential breakthroughs in the field, and what ELUTS19 participants can expect at the meeting.

What to expect at ELUTS19

Participants will congregate in Prague, Czech Re-

public to receive the best practices in LUTS management from myriad subspecialties. “The ELUTS19 scientific programme is comprised of carefully-selected topics that are relevant and interesting to urologists, urogynaecologists, physiotherapists, and nurses,” said Sherif Mourad.

The meeting is enriched with contributions from the EAU Sections of Female and Functional Urology (ESFFU), Genito-Urinary Reconstructive Surgeons (ESGURS), Urologists in Office (ESUO) and Andrological Urology (ESAU), interspersed with the educational ESU-ESFFU Masterclass on Functional Urology organised by the European School of Urology (ESU).

“ELUTS19 is a truly comprehensive meeting; it offers in-depth coverage and provides plenty of opportunities for participants to discuss and brainstorm with field experts and fellow participants at the meeting,” said Prof. Mourad.



Photo of ELUTS Steering Committee formally signing the MOU. Included are Meeting Chairs Sherif Mourad and Chris Chapple and Scientific Programme Chairs David Castro Diaz and Francisco Cruz.



ELUTS19

European Lower Urinary
Tract Symptoms meeting

31 October - 2 November 2019
Prague, Czech Republic

By   European
Association
of Urology

www.eluts19.org

ICS Committee Updates

full committee reports from 2018 and 2019 are available at www.ics.org/commiteereports



ICS Education Committee

Once again, the Education committee has had a busy year under the leadership of our chair Elise De. We continue with ongoing activities such as selecting courses and workshops at ICS Annual Scientific Meetings and approving stand-alone and add-on ICS Educational Courses. We also oversee and approve ICS Lectures, cadaver courses, regional courses including funding allocation for filming, and designating industry-sponsored education within a clearly marked area of the website.

ICS Mentorship Programme

The Education committee established a list of individuals who are willing to serve as mentors to Early career professionals and professionals at various levels of expertise. The mentee will provide guidance and motivation to actively participate in the

ICS and present research at ICS events. There will also be a role for former ICS committee members to mentor new members and guide them through various tasks they might need to fulfill within the ICS community.

More information is available via the ICS website: www.ics.org/members/mentors

The committee have also been working on the on-line education programme this year. Members have been facilitating and developing the online educational quality of all e learning activities and workshops in conjunction with other committees. We recently helped to create a faculty database for our new Institutes and developed activities within the ICS.





ICS Nursing Committee

Members of the ICS Nursing committee organized and presented three courses with hands-on workshops focused on nursing care for the patient with incontinence and advanced practice continence nursing care in three cities in mainland China. Many members of the Nursing Committee wrote chapters in the recently published book, *Management of Fecal Incontinence for the Advanced Practice Nurse*, under the auspices of the International Continence Society. The Nursing Committee is offering a Nursing Workshop, the Nursing Forum, and a networking lunch for nurses attending the 2019 ICS meeting in Gothenberg. The workshop and forum feature interdisciplinary speakers and colleagues from Sweden. The Nursing Committee and chair of the Nursing Institute School developed a curriculum for continence nursing and identified available ICS resources related to the curriculum for the Nursing Institute School website.

The Nursing Committee completed a consensus document, using a Delphi method of review by ICS nurse members, about Bladder and Bowel Training. The Committee engaged in strategic planning and developed objectives and criteria for guiding its future projects and scholarly activities. The committee developed plans for three projects for scholarly documents to be worked on over the next two years. One project that is underway aims to identify and map public domain information about the competencies that have been developed and/or recommended for nursing and nursing assistant education about incontinence and bladder, bowel and

pelvic floor health. This information will be used to inform the development of a consensus statement about competencies for the various levels/types of nurses who provide continence care. Three members of the Nursing Committee reviewed scientific abstracts submitted for the 2019 ICS annual meeting. Two committee members participated in review of applications for ICS fellowships.

The Nursing Committee revised the criteria used to review applications for the committee; one new member was elected to the committee. The Committee developed criteria and for a doctoral student to be co-opted to the Nursing Committee to be mentored in committee activities and ICS. One student was co-opted.

The Nursing Committee updated its website to ensure currency of information. Committee member filmed a short video on how nurses can get involved in reviewing scientific abstracts submitted to the annual meeting and developed promotional materials to encourage nurses to attend the meeting that were disseminated to nurse members. All abstracts from the 2018 annual meeting authored by nurses were added to the Nurses webpage. The committee sent information about its activities, the ICS annual meeting, and opportunities regarding ICS fellowships to nurse members via the ICS newsletter and emails.



ICS Standardisation Steering Committee

Since the Annual Meeting in Gothenburg, the Standardisation Steering Committee have been extremely busy, finalising and publishing two new documents and launching the new ICS glossary!

ICS Glossary

The ICS Glossary offers instant online access to all ICS terminology published over the last 18 years – over 1120 terms. It also allows instant online access to and the ability to instantly download all the original documents from which those terms come. www.ics.org/glossary

The Male-terminology document, referred to below, will be the first and most recent reference with other documents referenced in reverse chronological order (most recent to earliest). ICS is uniquely placed to produce the Glossary, having updated all male and female lower urinary tract and pelvic floor terminology over the last 12 years. ICS is now able to offer this comprehensive terminology service in an exciting electronic presentation. It takes access to terminology to a totally different and unprecedented level. The new glossary is mobile friendly and designed to work perfectly on small devices, on the move: www.ics.org/glossary

New 2019 reports

- ▶ ICS Report on the terminology for Adult Male Lower Urinary Tract (LUT) and Pelvic Floor (PF) Symptoms and Dysfunction. This is the first core male LUT/PF terminology for males with 54% new definitions/descriptors and 18% changed. It provides the basis for

the four male documents in the list below. It complements the equivalent 2010 document for female lower urinary tract dysfunction (Haylen et al).

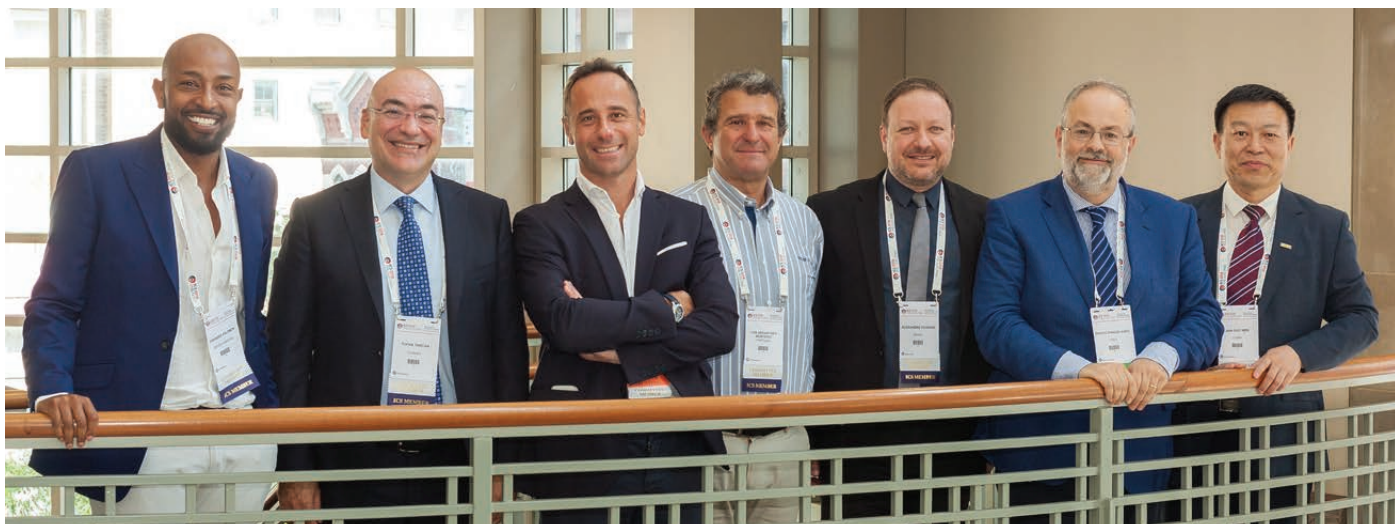
- ▶ The ICS Report on the terminology for Nocturia and Nocturnal Lower Urinary Tract Function. This is an update of the 2002 document on the Terminology for Nocturia (Van Kerrebroeck et al).

All reports are published in the ICS Journal, *Neurourology & Urodynamics*, they are also available on the ICS SSC microsite: www.ics.org/committees/standardisation Under the current SSC documents: www.ics.org/folder/92

The Committee are working on another nine documents covering the following topics:

- ▶ Male Anorectal Dysfunction
- ▶ Pelvic Floor Muscle Function and Dysfunction Assessment
- ▶ Single Use Body-worn Absorbent Incontinence Pads
- ▶ Surgical Management of Male LUT dysfunction
- ▶ Female Pelvic Floor Fistulae
- ▶ Laparoscopic Visible Pelvic Anatomy
- ▶ Female Obstetric Trauma
- ▶ Conservative Management of Male Lower Urinary Tract and Pelvic Floor Dysfunction
- ▶ Sexual Health in Men with Lower Urinary Tract and Pelvic Floor Dysfunction

We aim to see these documents published within the next 12-18 months.

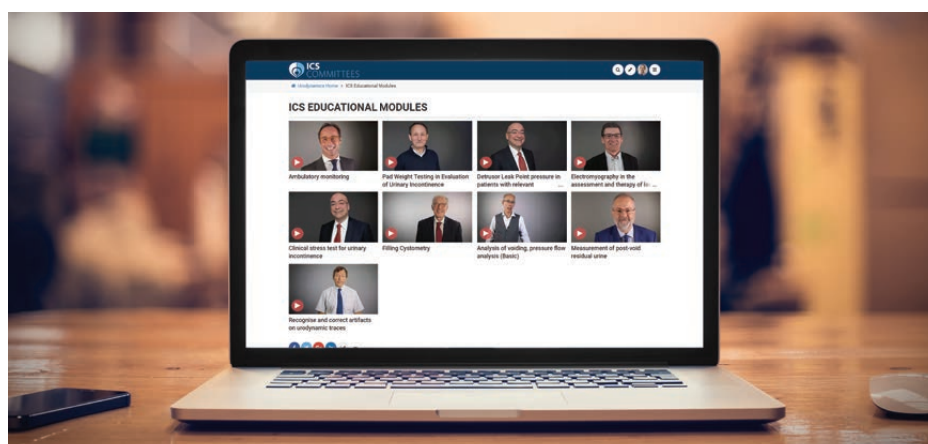


ICS Urodynamics Committee

The ICS Urodynamics Committee are working on some new and some already ongoing projects. The main project of the Committee is the production of teaching modules on urodynamics. We were able to collect all the teaching modules on urodynamics already completed and created a list of topics still to be covered: some of these topics are object of modules already in preparation, whilst other have been assigned to newly formed working groups. We hope to have all the modules completed by the end of 2020. In this way, every professional willing to hold a course on urodynamics will have the opportunity to use ICS approved teaching slidesets, realized on the basis of the modules. All those who are willing to have their urodynamic course recognised by the ICS, are strongly encouraged to use the available teaching modules hereafter. Videos can be watched on ICS TV: all modules have been or will be filmed at the ICS office in Bristol.

For the second year, the Committee has organised a workshop during the ICS meeting 2019 in Gothenburg. We hope to have the same participation we had last year in Philadelphia, where the urodynamics workshop was attended by more than 120 people and the comments were generally good. This year we plan to have more room for the discussion and to clinical cases.

The committee have also started a project of a book on practical urodynamic: we plan to have it completed for the ICS 2021 meeting. We are also considering the possibility to promote education in urodynamics through other instruments: e-learning courses, a service of urodynamic traces quality check are among possible projects considered by the committee for this aim.





ICS Scientific Committee

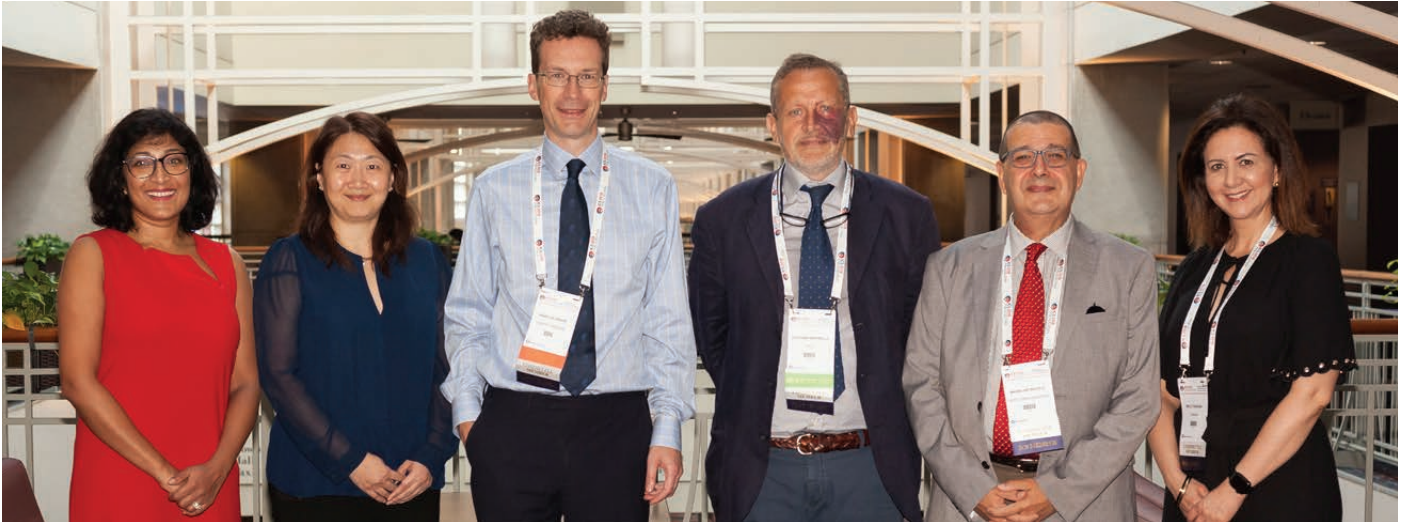
The scientific committee have been very active in April and May marking the some 900 abstracts submitted for the Gothenburg meeting. And in May we also met in Gothenburg to construct the meeting programme. This was a busy two days where all the accepted and scored abstracts were reviewed and then allocated into coherent sessions to produce a balanced wide ranging meeting. Care was taken to try and keep workshops and podium sessions on similar topics in close proximity while preventing obvious clashes which are inevitable with so many parallel sessions. I think we have achieved this aim.

We continue to improve the quality of submitted abstract by ongoing education of those submitting and

feedback on those that have not been successful. We further aim to improve our quality and standardisation by adding specialists in Urology, Gynaecology and Basic Science to the committee. The work of the committee has been increasingly assisted by the ongoing development of bespoke computer programmes produced by Dominic and Ashley and this has been invaluable in allowing us to produce the programme in the much shorter time available.

As always we look forward to hearing your feedback from Gothenburg as to how we have done and what we need to do to continue to improve our excellent meeting.





ICS Children and Young Adults' Committee



Developing World Committee



ICS Ethics Committee



ICS Neurourology Promotion Committee



ICS Physiotherapy Committee



ICS Publications & Communications Committee

The following Committee Members will be stepping down in Gothenburg:

Thank you to the following Committee members for their service to ICS.



Sherif Mourad
ICS General Secretary



Thomas Kessler
Neurourology Promotion Committee



Jerzy Gajewski
ICS Treasurer



Doreen McClurg
Chair, Physiotherapy Committee
Neurourology Promotion Committee,



Alex Digesu
Trustee



Jacqueline Cahill
Chair, Publications and Communications
Committee



Giovanni Mosiello
Chair, Children & Young Adults Committee



Sophie Fletcher
Editor, Publications and Communications
Committee



Selcuk Yucel
Children and Young Adults Committee



Elizabeth Shelly
Wiki Editor, Standardisation Steering
Committee



Kwang Myung Kim
Children and Young Adults Committee



Kathleen Hunter
Scientific Committee



Nelly Faghani
Children and Young Adults Committee



Jian Guo Wen
Urodynamics Committee



Sakineh Hajebrahimi
Chair, Developing World Committee



Alex Digesu
Urodynamics Committee



Cristina Naranjo Ortiz
Ethics Committee

Welcome to our new and re-elected members:



John Heesakkers
Treasurer (pending final vote)



Kathleen Hunter
Scientific Committee Nursing Representa-
tive



Philip Van Kerrebroeck
Trustee (pending final vote)



Adrian Wagg
Scientific Committee Specialist Represent-
ative (Other)



Laurence Stewart
Scientific Committee Chair



Mario Patricolo
Children and Young Adults Committee
Chair



Alex Digesu
Scientific Committee Gynaecology Repre-
sentative



Sherif Mourad
Developing World Committee Chair



Elise De
Education Committee Chair



Heather Moky
Physiotherapy Committee Chair



Ran Pang
Publications and Communications Committee Chair



Bernard Haylen
Standardisation Steering Committee Chair

Welcome to our new committee members:



Israel Franco
Children and Young Adults Committee



Dragana Zivkovic
Children and Young Adults Committee



Beulah Jebakani
Children and Young Adults Committee



Kimberly LeBlanc
Ethics Committee



Anne Suskind
Ethics Committee



Lisa Krabbenhoft
Nursing Committee



Joan Melendez
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Giovanni Mosiello
Standardisation Steering Committee,
Publications and Communications Committee



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Future ICS Annual meetings

ICS 2020 LAS VEGAS

26 - 29 August, Las Vegas, USA www.ics.org/2020



Gamal Ghoniem
Meeting Chairman



Howard Goldman
Annual Scientific Co-Chair



Vani Dandolu
Annual Scientific Co-Chair

ICS 2021 MELBOURNE

12 - 15 October, Melbourne, Australia www.ics.org/2021



Helen O'Connell
Meeting Chair



Anna Rosamilia
Annual Scientific Co-Chair



Christopher Maher
Meeting Co-Chair



Vincent Tse
Annual Scientific Co-Chair

ICS 2022 VIENNA

Vienna, Austria www.ics.org/2022



Heinz Kölbl
Meeting Chair



Wilhelm Hübner
Annual Scientific Co-Chair



Helmut Madersbacher
Honorary Meeting Chair



Nikolaus Veit-Rubin
Annual Scientific Co-Chair

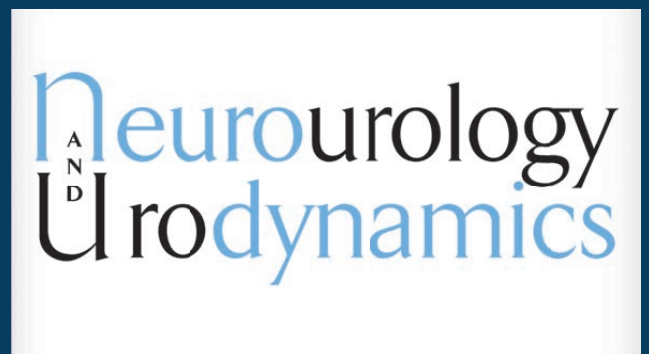


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International Continence Society
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